



# TURNAROUND TIMES

2023 REFINERY | OCTOBER 25, 2023 | ISSUE 28

OVERALL EVENT PROGRESS

97 %



You Can Ride 2

Goal Zero Shifts	78
Monies Raised	\$39,000

TURNAROUND STATS	LAST 24H	OVER-ALL
First Aid	0	6
Recordable	0	1
Life-Saving Rule Violation	0	1
Near Miss	0	0
Motor Vehicle Incident	0	3
Dropped Object	0	2
HPI- Hi potential Incidents (failed lucky)	0	1
HPE- High Potential Event (failed safe)	0	0
SIF- Serious Injury or Fatality	0	0
Env (Other/Spill)	0	5
LOPC (<100kg)	0	0
LOPC (>100kg)	0	0
Environmental Non-Comp.	0	0

## SHORTCUTS ARE A CHOICE



The decision to take a shortcut can be influenced by many different factors. That being said, at the end of the day, shortcuts are a choice made by an individual. It is important to realize this fact and take steps to avoid taking shortcuts, especially when it comes to safety on the job.

### Ways to Avoid Taking Shortcuts

- Hold yourself to a higher standard. Do not take the easy way out. Take the time and energy to perform tasks correctly. Make it a habit to follow safety policies and procedures.
- Help set the expectation that shortcuts are unacceptable when it comes to safety. If coworkers see you taking shortcuts, they are more likely to do so themselves.
- Realize that shortcuts affect more than just you. They can result in negative impacts on production, property damage, as well as injuries.
- If facing a perceived time pressure, evaluate whether it is a self-imposed time pressure. Many times individuals put pressure on themselves to perform a task faster when there is no real outside pressure to get a work task completed.
- Preplan work tasks well ahead of time so the necessary tools, training, personnel, safety equipment, time, etc., are available. Having all the necessary items for work tasks can help to avoid the urge to take shortcuts.

### Common Safety Shortcuts

Taking shortcuts when it comes to safety can manifest in many different ways. Some common types of safety shortcuts that occur in many workplaces:

- Not implementing all necessary safeguards. Almost every work task has several safeguards that are to be implemented prior to work beginning. Each safeguard that is implemented is one more way to protect yourself and others from injury.
- Not wearing the necessary PPE. PPE is the last line of defense for workers. You never know when you may need it.
- Rushing during tasks or not taking the necessary time to do certain tasks. Many things can be missed when rushing during a work task. This can lead to incidents occurring.

### Summary

To boil it down, taking shortcuts is just an individual choice. Sure there are many factors that affect whether an individual will make the choice to do so, but it is ultimately a choice that is made. It can be difficult never to take a shortcut when it comes to safety, but there are many actions that can be utilized to eliminate the urge to do so.

### SCOTFORD WEATHER

Wed 25 | Day Wed 25 | Night

**-2°** **-10°**

8% W9 km/h 12% W5 km/h

Mostly sunny skies. High -2C. Winds light and variable. Overcast. Low near -10C. Winds light and variable.

Humidity <b>64%</b>	UV Index <b>1 of 11</b>	UV Index <b>0 of 11</b>	Moonrise <b>17:25</b>
Sunrise <b>08:18</b>	Sunset <b>18:13</b>	Moonset <b>03:38</b>	Waxing Gibbous

## STEP *Move with Care*

There's lots of traffic movement out there. Zoom booms, trucks, etc.

Both drivers and pedestrians need to be alert to the hazards that come with all the movement. Pedestrians should try to stay out of the drop off and marshalling areas unless absolutely necessary.

Communication - either verbal or via signals - are very important right now! Don't assume the other person sees you or knows where you are going...confirm it.

**Communication and coordinated movement will keep everyone safe!**

## Watch. Steer. Brake. Stop.

- Scan the road ahead from shoulder to shoulder. When you see wildlife beside the road, slow down and pass carefully.
- Stay in control. Watch your speed and take extra precautions when driving—especially when dark or visibility is reduced.
- Brake firmly. Never assume the animal will move for you.
- Stop safely as possible.

*Remember when one animal crosses, others may follow.*

## GOAL ZERO CUP

### ***Fantastical Leader Presence and Safety Examples!***

*"I want to nominate Arvin Virtuzado, Joey Landry, Darren Brown with Brand for the Goal Zero Cup. These supervisors live in the field and are dedicated boots on the ground. They are a big reason for our strong safety culture. Speaking to craft and supervision these people are always around and always helpful, mentoring coaching do anything they can to help."*

**Way to Go!!!**



### ***Three great leaders accepted this Goal Zero Cup Recognition!***

*Teo, Wazir, and Jeff (Ed Ex) make sure that they are aware of the safety challenges for their teams and lead out to help them stay safe. When asked, they all agreed that real estate and stacked work are big hurdles during this TA. They talked about how being aware and communicating with others was the only way to get the job done...on time, well, and safely!*

**Thanks to Adam, Joey, Shawn, and Stephen for joining the recognitions. More examples of true leaders!**

