

TURNAROUND TIMES

2023 REFINERY | OCTOBER 24, 2023 | ISSUE 27

OVERALL EVENT PROGRESS

96%



You Can Ride 2		
Goal Zero Shifts	76	
Monies Raised	\$38,000	

THE LITTLE THINGSOur Daily Activities Require Each of Us to Do a Variety of Things to Complete Our Assigned Tasks. As A Result, We Sometimes Forget The "Little Things".



As a group, we have completed a large amount of work— both safely and professionally. Our work with fall protection, cranes, lock out tag out, and permitting has all been completed without a recordable in 85+ shifts. However, sometimes it's the "little things" that tend to cause more injuries

than the "bigger things". Some examples of such little things are:

- 1. Not securing tools, material and equipment when working at height
- 2. Forgetting to clean-up work areas when tasks are completed
- 3. Not wearing proper PPE to help mitigate the risks
- Not keeping your mind on the task at hand
- 5. Using the wrong tools for the task

On most Turnaround projects the pressure is on to complete tasks in order to prepare systems for QA/QC and get the units running. In these times, we forget the "little things" and are often tempted to take short cuts. During this time

it is critical that we stay focused on safety and ensure that we are properly prepared to conduct our tasks safely.

If at any time you become frustrated or confused, take a step back, assess the job, talk to your coworker, calm down, reassess the job and start over fresh. If you have any questions don't hesitate to ask your supervision, better to be safe rather than sorry.

What "LITTLE THINGS" could get you today/tomorrow/this week? Remember...Take time to do it safety the first time.



TURNAROUND STATS	LAST 24H	OVER- ALL
First Aid	0	6
Recordable	0	1
Life-Saving Rule Violation	0	1
Near Miss	0	0
Motor Vehicle Incident	0	3
Dropped Object	0	2
HPI- Hi potential Incidents (failed lucky)	0	1
HPE-High Potential Event (failed safe)	0	0
SIF- Serious Injury or Fatality	0	0
Env (Other/Spill)	0	5
LOPC (<100kg)	0	0
LOPC (>100kg)	0	0
Environmental Non-Comp.	0	0
SCOTFORD WEATHER		
Tue 24 Day Tue 24 Night		Ľ



STEP PPE — Your Last Line of Defence

Your PPE may not be the most effective means of keeping you safe (see the graphic below),

but...it is probably the one you personally have the most control over.

Please don't let your PPE adherence slip! (or your feet with the freezing conditions).

We want you to go home and See all the sights, Hear all the sounds, and BE YOUR BEST YOU!

Elimination Substitution Engineering Controls Administration Controls PPE

GOAL ZERO CUP

Meet the Fantastical Brand Insulators of the 2023 Fall Ref TA!

These folks have been working hard since Pre-TA to prepare the TA worksite. With Safety always at the forefront, their Foremen - Sonny and Brian - show real leadership by being out with their crews, providing additional Stop The Drop materials as needed and overall setting their crews up for success!







"I would like to nominate Evelyn Mac-Pherson and Makia Rose of Ed Ex for the GZ Cup.

Evelyn and Makia clean and inspect the masks for Ed Ex.

These ladies work removed from the rest of our TA team and do the important job of making sure that when you put on a mask it's going to protect you!

Not only that, they are always happy, smiling, and quick with a joke. A pleasure to work with and be around.

Thanks Evelyn and Makia!"



There is a difference between an ORDNARY driver and a GOOD driver.

An ordinary driver reacts to road situations. A good driver anticipates crises and avoids them.