



OVERALL EVENT PROGRESS

81.3 %

GOOD ENOUGH MINDSET

Good Enough Mindset Safety Talk – For most of us, we have been doing our jobs long enough to know what is the right way to do something and what falls short to “good enough.” When it comes to workplace safety, “good enough” does not cut it. When addressing hazards, having this mindset will lead to exposure to risk that will eventually result in incidents and injuries occurring.

It is important to take the time not only to identify hazards but also take the proper time and energy to mitigate them.

What Leads to the “Good Enough” Mindset? – There are many reasons why individuals may be tolerant of unnecessary risk during work tasks. A few of these reasons could include:

- Complacency. For individuals who have been doing their work for long periods of time, complacency can be one of the biggest challenges to avoiding a “good enough” mindset.
- Lack of training or understanding. Some workers, especially those less experienced, may not understand the importance of taking certain steps to protect themselves and those around them while completing their work.
- The culture of their work group or the company as a whole supports tolerating risk. When supervisors or coworkers do not follow safety rules or procedures, then others around them are more willing also not to follow the rules and settle for good enough.
- Lack of energy or fatigue. There are many times we do not feel 100%. Lack of energy is a huge problem across the U.S. with all the demands we deal with both at home and at work. When fatigue or lack of energy becomes an issue, our work suffers, including being safe while at work.

How to Avoid a “Good Enough” Mindset

- Always aim to do your best. Oftentimes, we know what the expectation is or how things should be done, so the only thing left is to put action to that knowledge and do the right thing. Not only will doing your best help to ensure less chance of injury, but it also builds your personal reputation as a worker.
- Recognize when you are not feeling your best or when your energy levels are low. If you find yourself leaning towards making the easy choice instead of the right choice, then take steps to combat the urge to cut corners.
- Remind yourself why certain safety policies or best practices are in place and that the expectation is to follow them.
- Have others who excel in their job double-check your work or give you feedback. Reaching out to others allows you to ensure you fully understand the task and the hazards, which can lead to identifying ways to improve.

Summary

“Good enough” is a mindset that plagues individuals both at work and at home in different aspects of life. When we aim lower than what we know our potential is, we are leaving a lot on the table. When it comes to safety at work, aiming lower than what is expected can lead to serious injuries.

SCOTFORD WEATHER

Tue May 23

Day



21°

Feels 21

30 km/h SE

45 km/h

9 hr

40 %

<1 mm

A low chance of a shower early morning, then mainly sunny; a low risk of an isolated thunderstorm late afternoon. Windy. Locally higher rain amounts.

Night



9°

Feels 7

21 km/h SE

32 km/h

<1 mm

40 %

<1 mm

A low risk of an isolated thunderstorm early evening, then partly cloudy overnight. Locally higher rain amounts.

TURNAROUND STATS	LAST 24 HRS	OVER-ALL
No Treatment Case	0	2
Occupational Illness	0	0
First Aid	0	14
Medical Aid	0	0
Recordable	0	0
Life-Saving Rule Violation	0	5
Near Miss	0	6
Motor Vehicle Incident	0	4
Dropped Object	0	0
Hi Potential Incident	0	0
SIF	0	0
Env (Other/Spill)	0	5
LOPC (<100kg)	0	0
LOPC (>100kg)	0	0
Environmental Non-Comp.	0	0



STEP

Weekly Safety Prize Winners, So Far.

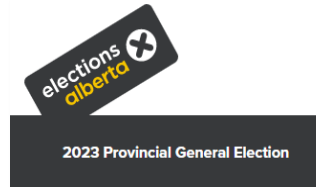
- Marco LeBouthillier—Ed Ex
- Barry MacDonald—Acuren/Tacten
- Terry Skjersven—Ed Ex
- Valda McKenzie—Graham
- Daniel Wilson - Graham
- Paul Morgan—United Rentals
- Jecil Mugas—PME
- Jack Hagerty—Acuren/Tacten
- Dylan Lawrence—Chemco
- Kemal Dalbudak—Ed Ex
- Xinding Yuan—Chemco
- Sean Lucas—Ed Ex



Don't stop believing. You could be the one to win the next FR Hoodie for being safe. The Week Safety Prize draws will continue until the Wednesday after the last day of the Mechanical Window.

ADVANCED VOTING

May 23 to May 27 - 9:00 am & 8:00 pm.



Advance voting takes place the week before Election Day, from Tuesday, May 23 through Saturday, May 27 between 9:00 am and 8:00 pm. While days and hours of operation may vary for some locations, every electoral division will have at least one location open for the full advance voting period.

Electors may choose to vote at any advance voting location.

Advance voting locations are commonly established in malls, community centres, libraries, work camps, universities, and other public buildings to provide electors with locations that are convenient to where they live, work, shop or travel.

Voting in advance is the preferred option for electors that cannot attend their assigned voting location on Election Day. Students, persons working away and those travelling in Alberta can vote at any location using the Vote Anywhere Service. Electors that cannot vote at an Advance or Election Day location can also vote by mail or at their local returning office. www.elections.ab.ca

GOAL ZERO CUP



"The RT crew with Acuren have been doing a great and safe job! They must work around other crews' schedules and presence in the unit, always communicate any issues to their safety lead, and are always willing to do better and go above and beyond what is asked of them. They never say no but say they will try! Just a shout out to them and their attitude and desire to do it safely."

I would like to nominate the HMU/SRU Graham Piping crew for the Goal Zero Cup! Okay, we don't have all of this exceptional crew in the photo, but...the crew did awesome work in HMU/SRU. They did it right and completed all of their work Safely...meeting Goal Zero! Accepting the cup

