



# SCOTFORD GOAL ZERO WEEKLY AND TURNAROUND TIMES MONDAY, MAY 20, 2023



## NO HARM (Site)

FAC	15-May-23	Worker lifting a kuny bag felt sudden stabbing pain in back
FAC	15-May-23	Worker received blisters from boots
FAC	17-May-23	Worker was dumping water when they had a sudden on set of pain in back
FAC	19-May-23	Worker using torque wrench, wrench slipped causing wrist to contact valve

## STEP – HEALTH AND WELFARE

How does Health and Welfare relate to Safety?

You may not know this, but a Critical Behaviour (CB) was added to STEP over 2 years ago called Health and Welfare. As the world dealt with a pandemic, many Behaviour Based Safety Processes were adding a COVID specific CB.

As a STEP Steering Team, we felt that the way we manage our Health goes far beyond any one challenge. Hence the broader behaviour of Health and Welfare.

Some of the Safe & At-Risk Behaviours that may fit under this category are interactions that deal with:

- **Mental Health Challenges**
    - Stress
    - Depression
    - Anxiety
    - Feelings of isolation
    - Addiction
    - and More
  - **Physical Health Challenges**
    - Visible symptoms
    - Changes in physical capabilities as someone recovers from an illness or injury
    - Accessibility challenges
    - and More
- A Combination of any number of challenges. We are holistic beings and stressors can/do affect many parts of us and our lives.

These Interactions often start with Person A noticing Person B acting or interacting differently than they usually do. Then, because they care, Person A reaches out.

What's the worst that can happen? Person B says nothing is wrong and they leave knowing someone cared? Not a terrible outcome!

**Reflection:** Is there someone who is at risk due to Health/Welfare issues? Can I help them? Am I that person.





OVERALL EVENT PROGRESS	79.5%	Goal Zero Shifts (EOD May 20)	91	Money Raised for Charity	\$45,500
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TURNAROUND STATS	LAST 24	OVERALL
No Treatment Case	0	2
Occupational Illness	0	0
First Aid	0	14
Medical Aid	0	0
Recordable	0	0
Life-Saving Rule Violation	0	5
Near Miss	0	6
Motor Vehicle Incident	0	4
Dropped Object	0	0
Hi Potential Incident	0	0
SIF	0	0
Env (Other/Spill)	0	5
LOPC (<100kg)	0	0
LOPC (>100kg)	0	0
Environmental Non-Comp.	0	0



*The GFL crews deserve a whole lot of recognition. These folks are doing a physically demanding job in a less than stellar environment, and yet they are always positive, polite during interventions, and willing to explain what they're doing. **They're doing a great job under some really tough conditions and are incredibly deserving of the Goal Zero Cup!***

*There's no Shift like Night Shift!*



*The RHC Leads have just been a phenomenal group. Their management of the work, the interactions with their crews, their boots to the ground approach, and their constant focus on safety have made this turnaround an amazing experience for everyone in it. **It takes a great group of turnaround leaders to bring crews together quickly, manage challenges calmly, and Walk the Talk in order to have a successful event, and that is exactly what this team has done.***

*"I would like to recognize United Rentals on Nights. United Rentals kind of hide in the background during turnarounds but are the ones we run to for what we need. They are always quick to accommodate and help keep the turnaround running smooth."*



### FLY LIKE AN EAGLE, JUMP LIKE A LECLERC

When **Patrick Leclerc** was a little boy in St. Bruno, Quebec he had skates strapped to his feet. Speed skates with a long blade and a tiny boot. Eventually a barrel was put in front of him. He learned how to jump over it. “It is like a long step to start,” said Patrick. And then another barrel was added. And another. **At his World Champion peak, Patrick was clearing 16 16-inch barrels on ice - a distance of 27 feet.** Patrick is no longer sailing over long lines of barrels and through burning screens at winter carnivals, but he does get to claim that he was the champion of the barrel-jumping world when he was competing. Not once but three times he held that crown. A combination of superior condition, with incredible control and daring is needed to attempt such a sport. Patrick and his younger brother Sylvain both grew into the sport naturally under the guidance and coaching of their father Gilles, a five-time barrel-jumping champion himself. “I once jumped over 17 barrels, but my right hand was behind me instead of in front of me straight out,” recalls Patrick. “My hand brushed the last barrel. It didn’t move, but the touch disqualified the jump.” Patrick’s success with the jumping of barrels led him to travel afar and it kept him busy. The competition itself flirted with the Olympics in its heyday but just fell shy of the number of countries needed to make it official. **“I was that close to competing in the Olympics, I was the best in the world.”**

Unfortunately, Patrick also suffers with Gout. Patrick, a fit and strong man, has been affected by this disease, showing that it can and does affect anyone! Please, visit the link to the right and learn about this disease. Thank you for sharing your story Patrick.



**Left:** Patrick Leclerc, SRC Block Supervisor

**Right:** Circa 1994, age 23, Patrick Leclerc soars over 16 16-inch barrels (27 feet) to become World Champ.!



## GOUT AWARENESS DAY

May 22

Gout affects more than **9 million Americans.**



Gout, a form of arthritis, is caused by a buildup of uric acid in the body. The condition leads to **sudden, intense pain and swollen joints** that may become **red and hot.**



Gout's painful attacks can be debilitating, and the long-term consequences of untreated gout can be serious.

*If you think you or someone you know has gout, see a health care provider.*

Join the conversation on gout. Scan the QR code and head to [www.goutawarenessday.org](http://www.goutawarenessday.org) to learn more.

