

THE TURNAROUND TIMES

2023 UPGRADER SOUTH

APRIL 4, 2023 | ISSUE 2



OVERALL EVENT PROGRESS

0%

WELCOME TO THE 2023 UPGS TURNAROUND

A Message from our Event Managers

As of today, we begin shutting down some of Upgrader South for Turnaround. This is a "showcase event", our collective opportunity to "showcase" all we have learned from the previous three Mega Turnarounds and apply them to this High Complexity Event consisting of three units' HMU2, SRU and RHC 2.

This Turnaround will have approximately 400,000 direct force labor hours to be worked in an approximate two-month period with a peak workforce of 700 people, representing about 40 contractors and vendors.

Our primary goal is SAFETY, ensuring that everyone goes home each day the same way they arrived. If we are to achieve Goal Zero, we must all be committed to effective communication, peer to peer intervention and most importantly, respect for one another.

The key is TEAMWORK. Communicating with your team to understand the work and hazards associated with that work. Intervening looking out for your TEAM when you feel something does not seem right and always being respectful. Together, communication, intervention and respect help to build trust and allows everyone to leverage the skills and experience of those involved in this event.

We are one team, working toward the same goals of a safe and successful event. Please make the conscious choice to have open conversations, stay positive, and focus on the work at hand. We can work through any problem that comes our way as One Team!

Thank you for choosing Scotford! Together let's have a great Turnaround.

Devin Weyland - TA Event Manager | Graham Polischuk - NRES

CHANGING CONDITIONS

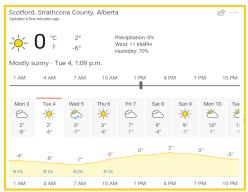
A Message from Operations

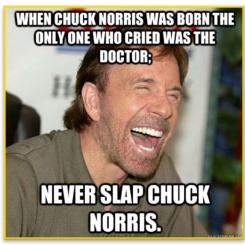
As turnaround begins, be aware of changing conditions – change of units, equipment conditions and status. Right now, units and equipment are coming offline. You'll notice sounds, odors and lots of activities. It is important that we are in the right mindset, as risks and hazards can be different when units are brought offline. Identifying potential hazards is essential in creating a safe work environment.

Keep your head in the game and take every opportunity to step back and review your surroundings. This is the moment you need to stay safe.

Please, if you notice anything unusual during your shift, contact Operations as soon as possible.

TURNAROUND STATS	LAST 24 HRS	OVER- ALL
First Aids	0	0
Near Miss	0	0
Dropped Objects	0	0
Medical Aids	0	0
Motor Vehicle Accidents	0	0
LOPC (<100kg)	0	0
LOPC (>100kg)	0	0
Life-Saving Rule Violations	0	0
Environmental Non-Comp.	0	0
Hi Potential Incidents	0	0
No Treatment	0	0
TOTAL	0	0





Money Raised for Charity

\$0

STEP

Safety Through Employee Participation

As we bring in tools and equipment, congestion becomes a major hazard!

There are things we can all do to help everyone stay safe this shift:

- Keep walkways, stairs, ladders, etc. clear of any materials and/or tools,
- Use your Tool Lanyards to prevent drops,
- Make sure your tools and/or equipment at heights are contained and stored away from leading edges, and
- Watch out for each other.
 Speak up when you see a Safety Issue.

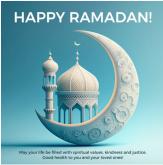


HAPPY RAMADAN

Working Safe During Ramadan

The holy month of Ramadan began on Saturday, April 2nd and is being observed by Muslims across the world.

Be mindful that health and safety risks may increase because of the effects of fasting from food and drink during daylight hours. Fasting can cause a lack of concentration and exhaustion, especially when combined with traditional temperature increases and long hours.



Signs of concern could include poor concentration, constipation, reduced urination, muscle and joint pain, accelerated heartbeat, dry skin, lethargy, fatigue, sudden food cravings, dry or bad mouth, lightheadedness and/or headaches.

If you suspect someone is experiencing dehydration, notify your supervisor or Shell HSSE.

GOAL ZERO CUP

Changing Conditions and Situational Awareness

About the only constant right now is CHANGE! How can you, your team, and the folks working near you adapt to all the changing conditions and still stay safe? Some important things to consider are:

- Communication
 - ⇒ Not just at the start of the task, but continual communication. Make sure everyone is on the same page. Adjust your prejob as you go if needed.
 - ⇒ Don't forget the folks around you and anyone who could be affected.
- Continual Re-assessment of Your Work Area
 - ⇒ Did anything change while you were working, or on break? How could those changes affect you?
- Slow Down
 - ⇒ Safety is the fundamental precondition to work! Take the time to be sure you are doing things right and using the right tools for the job. Watch out for each other!

CHOSEN CHARITY FOR THE EVENT

The Rainbow Society of Alberta is the only wish-granting organization dedicated solely to Alberta children with a life-threatening or severe chronic medical illness. Chronic is defined as a medical condition that severely impacts the child's activities of daily living. The impact and restrictions that may result from a variety of factors including, but not limited to, recurrent hospital stays, use of oxygen and/or ventilator machines, high doses of medications, or the need for a considerable degree of medical intervention.