



OVERALL EVENT PROGRESS

0 %

ARE YOU IN THE LINE OF FIRE?

Are you at risk of coming into contact with a force your body cannot endure?



Stored Energy

Contact with stored energy
Includes pressure releases



Striking Hazards

Struck by or striking against an object
Includes dropped objects



Crushing Hazards

Caught in, on or between an object
Includes hand injuries



TURNAROUND STATS	LAST 24 HRS	OVER-ALL
First Aids	0	1
Near Miss	0	1
Dropped Objects	0	0
Medical Aids	0	0
Motor Vehicle Accidents	0	0
LOPC (<100kg)	0	0
LOPC (>100kg)	0	0
Life-Saving Rule Violations	0	2
Environmental Non-Comp.	0	0
Hi Potential Incidents	0	0
No Treatment	0	0
TOTAL	0	0



LAUGHTER HAS AN IMPACT ON YOUR HEALTH

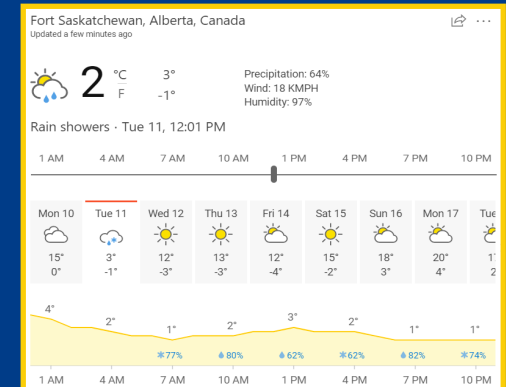
Short-Term Benefits

- Stimulates organs
- Activates & relieves stress
- Soothes tension

Long-Term Benefits

- Improves immune system
- Relieves pain
- Increases personal satisfaction
- Improves mood

A good laugh has great short-term effects. When you start to laugh, it doesn't just lighten your load mentally, it actually induces physical changes in your body.



STEP

Fatigue is an Enemy to Safety!



A recent study found that 69% of workers suffer from fatigue and, of those workers, 97% have reduced cognitive performance! That leads to poorer performance and lowered discretion.

During Turnaround, it is especially important to not try to do too much away from work.

Check yourself, before you wreck yourself ... make sure you get your rest to stay safe!

SECURITY IN THE WORKPLACE



GOAL ZERO CUP

SRC Ops

Fantastic support and team work!

If any concern were to escalate, this group is on top of it – ready to resolve it immediately. They have gone above and beyond grabbing additional flagging stations in order to increase accessibility for our workers.

Communication with field crews have been phenomenal and teamwork to resolve unforeseen shutdown hiccups tonight have been next level as well!



Lessons Learned

